

# BE BETTER. BE STRONGER. BPI.™



## BOOST ENERGY AND MUSCLE PUMPS WITH JUST ONE SCOOP\*†

CLINICALLY DOSED AND FULLY DISCLOSED  
PRE-WORKOUT

- BOOST ENERGY AND PERFORMANCE\*†
- INCREASE NITRIC OXIDE SYNTHASE\*†
- PROMOTE LEAN MUSCLE BUILDING\*†
- IMPROVE MENTAL FOCUS AND CLARITY\*†



**“BAM!™ IS A POWERFUL 2-IN-1 PRE-WORKOUT TO HELP ELEVATE PERFORMANCE BY BOOSTING ENERGY, STRENGTH, FOCUS AND ENDURANCE.”**

### WHAT IS BAM!™?

BAM!™ is a powerful 2-in-1, Multi-Functional Pre-Workout to help you train harder, feel stronger and build more muscle. Take BAM!™ before your workouts for more energy, muscle swelling pumps and increased focus. You don't need to worry about "jitters" or "crashing," as BAM!™ provides a smooth release of energy for enhanced endurance and power. Break through plateaus and shatter your goals with BAM!™.†

### WHY IS IT BETTER?

BAM!™ is not just your ordinary pre-workout. BAM!™ is a pre-workout and lean muscle building formula combined in one. With a fully disclosed label, you will see that BPI Sports' Science and Medical Advisory Board choose to use clinically-studied ingredients at efficacious dosages. With a combination of Citrulline, Carnitine HCL, CDP Choline and Yohimbe Extract, this formula will help you boost performance, increase nitric oxide synthase and build lean muscle. The Liposomal Matrix Delivery System™ helps you reap all the benefits of each of these ingredients by optimizing absorption.†

### WHAT'S IN IT?

#### CITRULLINE

Improved blood flow to increase nitric oxide levels and muscle pumps, to promote endurance and performance.†

#### CARNITINE HCL

Helps use stored body fat as energy, providing a natural, non-stimulant energy source. Carnitine also helps increase nitric oxide levels and boost performance.†

#### CAFFEINE ANHYDROUS

Caffeine Anhydrous is seen to be a purer form of caffeine and much more effective and potent. It provides you with a long-lasting, extreme energy boost paired with enhanced focus and alertness.†

#### CDP-CHOLINE

Choline is a compound that is formed endogenously in the process of synthesizing phosphatidylcholine from choline. CDP-Choline is known to enhance cerebral energy and increase levels of several neurotransmitters.†

#### YOHIMBE

This popular ingredient is well known for its alpha-2 antagonist and CNS properties. It has been studied that using Yohimbe before exercise may promote fat loss.†

#### LIPOSOMAL MATRIX DELIVERY SYSTEM™

One-of-a-kind delivery system designed to help enhance absorption rates and oral bioavailability. The natural encapsulation of lipophilic and hydrophilic nutrients within liposomes helps each ingredient bypass the destructive elements of the gastric system, therefore delivering nutrients to cells faster and more efficiently.†

BPI SPORTS' SCIENCE & MEDICAL ADVISORY BOARD APPROVED



EXCLUSIVELY AT

**GNC**  
LIVE WELL

### AVAILABLE FLAVORS:

Fierce Blue Lemon  
Rainbow Ice

**SERVING SIZE:** 1 Scoop (10 grams)

**SERVINGS PER BOTTLE:** 25

## Supplement Facts

Serving Size 1 Scoop (10 grams)  
Servings Per Container 25

Amount Per Serving		% Daily Value
Vitamin D3 (as cholecalciferol)	10,000 IU	2,500%
L-Citrulline	3 g	**
Carnitine HCl	2 g	**
L-Tyrosine	1.5 g	**
Caffeine Anhydrous	250 mg	**
CDP Choline	50 mg	**
Yohimbe Bark Extract	5 mg	**
LIPOSOMAL MATRIX DELIVERY SYSTEM (Proprietary)	500 mg	
Phosphatidylcholine		**
Phytosterol		**

\*\* Daily Value not established.

**Other Ingredients:** Natural and artificial flavors, citric acid, malic acid, sucralose, acesulfame-K, and FD&C Blue No. 1.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

† When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party *in vivo* and / or *in vitro* model scientific research data findings for individual ingredients.

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